



LET US BE YOUR GOOD NEIGHBOUR

What's it all about?

The Whissendine Good Neighbour Scheme uses voluntary effort from local people, to provide help for anyone in our village who needs assistance.

Let us lend a hand for the following:

Transport

Household Tasks

Companionship

Practical support following illness

Letter writing and form filling

And more.... just call us

For help just phone 0750 059 9635

What kind of help?

Transport to appointments at the hospitals in Oakham and Melton Mowbray; doctors; opticians; hairdressers; dentists; or shopping in Oakham or Melton Mowbray.

For hospital appointments and visits further afield we advise that if you are over sixty or disabled and have a bus pass, you should use VAR (Voluntary Action Rutland) transport. Their charges are less than ours as they are supported by Rutland County Council. They generally like you to give 4-7days notice when booking. (Tel. 01572 724705)

Household tasks such as changing light bulbs; replacing batteries or moving small items of furniture.

Companionship for folks who would like a chat and a cup of tea or maybe a game of Scrabble.

Support while recuperating from illness with things like gardening; taking the children to school; light housework or caring for pets.

Help with writing letters or filling in non-legal forms; reading to people with visual impairment; learning to use email and the Internet.

Who can use the Whissendine Good Neighbour Scheme?

Everyone in the village – the service is open to anyone who doesn't have someone around to help in times of need or doesn't have access to a car

How much does it cost?

The only charge is for petrol and parking. Please see the map overleaf for details. There is no charge for transport within the village. All the other services are **free**. Donation envelopes are available should anyone wish to contribute to the running costs of the scheme.

Is it safe?

All our volunteers have been checked by the Criminal Records Bureau are fully insured and carry photographic identity cards at all times.

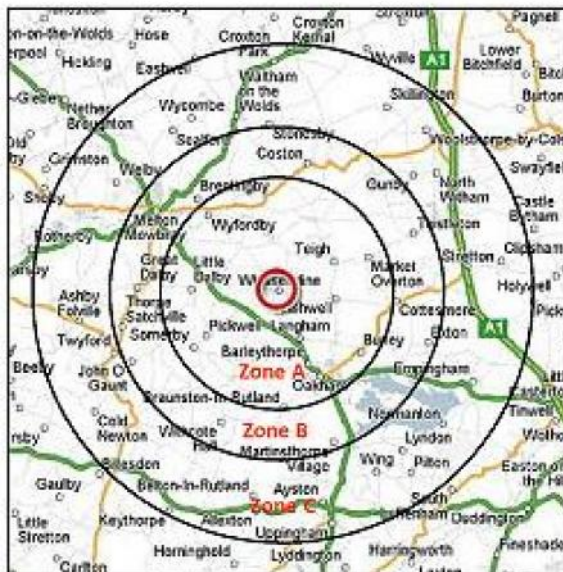
How does it work?

Just call **0750 059 9635**. A co-ordinator will arrange for one of our registered volunteers to help. The co-ordinator will then phone you back to confirm who will call and at what time. The co-ordinator will be taking calls between 8am and 8pm each day. Be prepared to leave a message, the phone may be busy!

However if you need some help which is not mentioned here, just give us a call as we may still be able to help.

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Mileage Information



Zone A - £5.50
(Oakham)

Zone B - £6.50
(Melton)

Zone C - £11
(Uppingham)

Hospitals

Leicester Royal Infirmary	£22	BUPA Hospital, Oadby	£19
Leicester General Hospital	£18	Grantham Hospital	£20
Leicester Glenfield Hospital	£23	Stamford Hospital	£15
Leicester Nuffield Hospital	£16	Peterborough Hospital	£27

Charges are based on return trip cost
Parking fees are not included

Other longer journeys charged at 45p per mile
Short trips within the village are free